

7v7 Standards of Play

Build Out Line

The build out line promotes playing the ball out of the back in a less pressured setting

When the goalkeeper has the ball in his or her hands during play from the opponent, the opposing team must move behind the build out line until the ball is put into play

Once the opposing team is behind the build out line, the goalkeeper can pass, throw or roll the ball into play (punts and drop kicks are not allowed)

After the ball is put into play by the goalkeeper, the opposing team can cross the build out line and play resumes as normal

The opposing team must also move behind the build out line during a goal kick until the ball is put into play

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US Soccer Clarifications – Build Out Line

#4 - After the ball is put into play by the goalkeeper, the opposing team can cross the build out line and play resumes as normal. "into play" can simply be the GK putting the ball on the ground

#5 - The opposing team must also move behind the build out line prior to a goal kick and may only cross the build out line once the ball has left the penalty area.